

Social Media

Social Media has become a large part of everyday life. With access to the internet in the palm of our hands, the digital world has affected our ability to build and maintain peace positively and negatively. The positive being social media brings people together to build peace, and social media can help improve someone's self-esteem. The negative is cyberbullying and social media trends.

First things first, social media can bring people together to build peace. Social media can unite individuals and organizations working towards a common goal, such as promoting peace and social justice. Social media can amplify voices and build momentum toward positive change by facilitating collaboration and partnership. For example, the Black Lives Matter movement became worldwide after the push social media gave it. The death of George Floyd sparked this push. Because of social media, the movement gained more attention, and its voice was heard.

Secondly, social media can help improve someone's self-esteem. Social media allows people to receive positive feedback from others, such as compliments, likes, and shares. This can help to boost self-esteem by providing validation and recognition of one's worth and value. Social media can provide a platform for people to receive support and encouragement from others, whether it be from friends, family, or even strangers. This helps build a sense of community and connection, which benefits self-esteem.

Thirdly, social media trends: some trends that go viral on Tiktok, Instagram, or any other platform can disrupt the world's peace. For example, the devious lick trend is where students steal items from schools - specifically from bathrooms. This caused teens to get arrested for vandalism, causing stress to schools and families all for a viral video. Social media trends can also disseminate misinformation and conspiracy theories, undermining public trust in institutions and fueling mistrust and fear.

Fourth, cyberbullying negatively affect the peace of the world. Cyberbullying can have serious mental health implications for victims, including depression, anxiety, and suicidal ideation. When large numbers of individuals are affected by cyberbullying, it can lead to a collective sense of fear, anxiety, and distress that can undermine social stability and contribute to conflict.

In conclusion, social media can affect peacebuilding in both a negative and positive way by bringing people together to build peace, improving someone's self-esteem, cyberbullying, and social media trends.