Cyberbullying

We all use social media in our everyday lives. On social media, we can connect with our friends, strangers with similar interests, and if you're lucky enough, celebrities. Social media is a great way to spread your message, considering about 60 percent of the world uses social media. However, not many people will agree on the same things. Social media is a way to spread great news and peace, but it is also a place to spread negativity, hate, and discouragement.

Social media is a great way to spread your message and share your hobbies. It's fun to express yourself and spread what you love, but it isn't fun when people bully and harrass you because what you like to do is what they would call "cringe or weird." A massive problem the Internet has is cyberbullies. Cyberbullies are people who bully, but on the Internet. Usually cyberbullies target large communities, adults, and sometimes, little children. They harrass little kids that are being themselves on the Internet. These are young children who just want to be happy and share what they like with their friends and others. Many people leave rude, and mostly offensive comments on content that they do not like. Common examples are the terms are "Kys," "touch grass," and "cringe." The absurd thing about this term is that "Kys" literally means "Kill yourself." This is very dangerous. Random strangers on the Internet are telling other humans to kill themselves because of a simple hobby that doesn't bother anyone.

Social media is a great way to receive news reports and stay connected. Technology has evolved to the point that we can detect what the temperature and weather will be next week. However, with all great things comes a downside with news and misinformation. Social media is a great way to spread news, but it is also a great way to spread misinformation. I'm sure that while scrolling on Tiktok, Youtube Shorts, or Instagram Reels, you have seen some sort of news update, whether it's about drama, news, or how "2023 Just Got Even Crazier." Consider this fact, 30-40% of news on social media is false. When looking for news and important updates, it is

crucial to listen to it from well trusted and factual news companies. Good examples are "Good Morning America," "New York Times," and "CBS." You should not listen to random stories on Tiktok, from random creators that keep you updated on stories just for money when they don't care that what they're sharing is incorrect, they might not even know the information is incorrect. They are just spreading what they heard from someone else.

Social media is a great way to show off cool tricks and tips, but it is not good when social media pressures children to do bad things. Surely, you've heard of an absurd Tiktok trend. An example of these trends are the "Devious Licks" trend, where you would steal, vandalize, or show off stolen objects from school. Another terrible trend was the "Blackout Challenge". The rules of the challenge were that you had to restrict your breathing until you could not breathe. Not only is there pressure to join in on these trends, but it can also be pressure to enhance your appearance. During quarantine, there was a trend where you would file your teeth until they were straight. The downside of this trend is that it would damage tooth enamel, which will not regrow.

Although social media is a great way to spread what you love and make others laugh, to spread great news and peace, it is also a place to spread negativity, hate, and discouragement. When on the Internet, make sure to spread positivity, and avoid being like strangers who are cyberbullying and harassing other people who are being themselves and having fun. When on the Internet and when outside in the world, make sure you are a buddy not a bully.